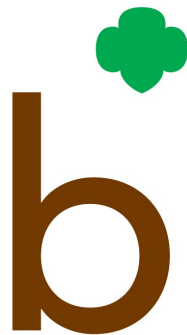




# First Five Meetings: Girl Scout Brownie

Sample Meetings for New Troops



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Welcome to Girl Scout Brownies!

This booklet has five sample meetings that you can use with your troop. They are just that-samples. Feel free to alter the plans to meet the needs of the girls and your troop's resources.

During these five meetings, there are opportunities for girls to make choices and to plan future activities. Girls who are in troops that are Girl Led- meaning they have opportunities to actually plan what they do - are happier in their troop and are becoming leaders right before your eyes.

Be sure to use this booklet in conjunction with *Volunteer Essentials*, which is found online at [www.gsofct.org](http://www.gsofct.org), on the Volunteer tab. Safety is a must, so become familiar with the *Safety Activity Checkpoints*, found on the same Volunteer tab.

As a Troop Volunteer, you have many resources available to you. In order for the girls to be able to plan well, become familiar with and share the following resources /information with the girls.

- *The Girls Guide to Girl Scouting*
- *Additional Badge Sets (Brownies- Seniors)*
- Grade Level Journeys
- *GSOFACT Program Resource Guide*— look at both Events and Program Resources
- GSOFACT Online Newsletters: *Helpful Hints, Bridges, & E-Blast*
- Information at your Service Unit Meeting
- [www.gsofct.org](http://www.gsofct.org): Get to know the Participate and Volunteer tabs. Also check out the Communities - a place for Adult Volunteers to ask questions and share information. On the main page you can click links to our social media sites.
- People! Speak with and ask questions of experienced and new Volunteers. Reach out to GSOFACT staff as well. Whether in Membership, Program Services, Volunteer Development, or other departments, we are here to help make the Girl Scout experience the best possible one for you and the girls.
- As you get to know the girls and their families, set the expectation that families participate any way they can. When the troop starts to use a Journey, use the tools for connecting families to the troop experience.

# Sample First Five Meeting Plans: Girl Scout Brownie Meeting Snapshot

Remember, these sample meetings are just that, samples. The intent is to give a suggested guideline for troops unsure of what to do...now that you're a Girl Scout Brownie Troop! Feel free to adjust to fit your troop's needs and resources.

## Meeting 1

Introductions

Girl Scout Basics: Introduce the Promise and Law, Kapers & Quiet Sign.  
Icebreakers - Let's have fun and get to know each other!  
Create Troop Agreement - How should we behave and treat each other?  
Girl Scout Sign craft

## Meeting 2

What we like & what are our options?

Intro to options - Girls Guide, Badges, Journeys, trips, etc...  
Brownie Elf Name Tag—Make it your own. How does it reflect *your* interests?  
Create Troop Hope Map—What do we hope to do in our troop?

## Meeting 3

Traditions & girl planning

Play a game & learn about Girl Scout Traditions and Juliette Gordon Low Service project  
Brownie Girl Scout Way Activity  
Plan an investiture Ceremony

## Meeting 4

Sample, choose & celebrate

Sample Journey topics and activities  
Come to consensus - which Journey will we do first?  
Plan part of the next meeting  
Investiture Ceremony

## Meeting 5

Start Journey & implement planned activity

Begin your Journey - use some of the sample session activities  
Do the activity the girls planned at last meeting  
Plan for next meeting

# Brownie Meeting 1

## AT A GLANCE

### Notes:

From the start, ask & expect adult family members to help with the meetings. Consider asking different families to bring snack, take turns as meeting helpers etc...

- Opening Ceremony: Brownie Friendship Circle
- Girl Scout Promise & Law
- Quiet Sign & Kapers
- Get to Know You Games
- Troop Agreement
- Snack (optional)
- Girl Scout Sign
- Closing: one thing ...

### MATERIALS

- Crayons and white paper
- Index Cards
- Masking Tape and Glue
- Girl Scout Promise and Law written on large paper
- Small flag if you wish to include the Pledge of Allegiance in your opening
- Kaper Chart
- Ball (beach or playground size) with numerals 1- 10 written on it.
- Large paper and markers
- For Girl Scout Law Keepsake: masking tape, pencils, scissors, 12 popsicle sticks, markers, ribbon or yarn, Girl Scout Law template
- Snack (optional)

### PREPARE AHEAD

- Write the Girl Scout Promise and the Girl Scout Law on sheets of large paper.
- Make a *Kaper Chart*. This is a tool that lists and assigns girls a job for each meeting. Although it might be easier & quicker to do things yourself, it is important for girls to take these roles. Jobs could be: attendance, leading the opening ceremony, passing out supplies, snack, sweeping, closing... a simple list on cardboard, with the girls' names written on wooden clothespins allows you to easily change the chart.
- With a permanent marker, write numerals on the ball, 1-10 is fine. You can re-use this ball for many activities.
- Practice making a Girl Scout Sign so that you can better help the girls during the meeting.
- Prepare snack or ask others to bring. (Optional)

# Brownie Meeting 1

## Start-up

As girls arrive, have them check in with you and then guide them to the table with crayons and white paper. Invite them to draw a picture of what a Brownie is like. This will help girls ease into the troop meeting setting and keep them occupied while everyone arrives. Assign one adult to stay at the table and another to greet the girls. Be sure to have girls clean up their spaces before going to Opening.

## Opening

Ask girls to form a circle, standing. If they hold hands at first, then drop hands, it will help them form the circle. Don't worry, after a few times they'll "circle up" easily.

Introduce yourself and ask each girl to say her name.

Explain that at the start of every meeting we'll be having a *Brownie Friendship Circle*. Ask one girl to hold the flag as the girls say the pledge of allegiance. At the end, "post" or place the flag to the side.

Show girls how to make the Girl Scout Sign with their right hand. (Three fingers straight up, with their pinky bent, and thumb hugging their pinky) Recite the Girl Scout Promise. You can say the whole thing through as they listen and then ask them to repeat after you, as you say the Promise, line by line. Let the girls know that Girl Scouts around the world all make this promise to each other.

Remind the girls that at the end of the Girl Scout Promise, it mentions the Girl Scout Law. The Law helps us remember how we should behave and treat others. Review quickly, line by line. If you wish, ask girls to give an example of how a part of the law can be used in everyday life. i.e. "Use resources wisely" could mean turning off water while brushing your teeth or putting the amount of food on your plate that you know you will be able to eat. Later in the meeting you'll be talking about what "being a sister to every Girl Scout" means for your troop.

## Business

Quiet Sign: Explain that all Girl Scouts use the Quiet Sign. The sign is when a person holds up their right hand high in the air. When you see someone with their hand up, it means that someone has an important announcement to make and that everyone should be quiet. As they are quiet, they should put up their hand to help others realize that "the sign is up".

## Notes:

If adults are staying for the meeting, encourage them to assist, but not do things for the girls.

When you make the Girl Scout Sign, the three fingers represent the three parts of the Girl Scout Promise.

When making the Quiet Sign, hold all five of your fingers upright.

# Brownie Meeting 1

## Notes:

An online search for Kaper Charts for Brownies will bring you a slew of ideas. A Kaper Chart can be as simple as you want- as long as it functions. You might want to wait to make an intricate one until you've found all of the Kapers needed at your meetings.

When planning a meeting, remember to mix up active & quiet activities. It is also a good idea to give girls opportunities to interact as a whole group, in small groups, or with partners.

## **Business cont...**

Practice using the Quiet Sign. Ask girls what they'll do when they see the Quiet Sign. Next, invite girls to talk loudly while in the circle. Put up the Quiet Sign and wait till everyone is quiet and has their hand up. Practice a few times, if necessary - how fast can they spread the Quiet Sign? Congratulate the girls for being observant.

Kaper Chart: Explain that since this is the girls' meeting everyone has an opportunity and responsibility to help make the meetings work. Ask if girls have any jobs that they have at home. Show the girls the Kaper Chart and explain the jobs. Reassure girls that they will have different Kapers each meeting and that everyone knows that they'll need to learn how to do them. If they have any questions, it is good for them to ask each other and the adults.

Thank the girls for being attentive and respectful of each other during the Opening and Business portions of their meeting. Recognizing that it may be time to get up and move around, we're going to play some games.

## **Activity 1 - Get To Know You Games**

### *Yes, No, Maybe*

Tell the girls that one side of the room is "YES" the opposite side is "NO" and in the middle is "Maybe or Sometimes" . When you make a statement, girls should go to the spot of the room that best reflects their answer. For instance, if you say "I'm a girl", where would you go? (encourage girls to point to the YES side). If you said "I drive a truck" where would they go?

Now give them a few statements and ask them to go to one side or the other- keep going until they look like they are beginning to tire of going back and forth. This is a good opportunity to look at similarities with the girls. Here are some suggestions-then add some of your own.

- I have a brother
- I have a sister
- I'm an only child
- I like to sleep late in the morning
- I like to play a sport
- I like to try new things
- I have a pet in my home
- I like to ride bikes
- I've been on an airplane

# Brownie Meeting 1

## **Activity 1 - Get To Know You Games, cont...**

### ***Name Game***

Have girls form a circle, standing. Ask them to go around the circle and say their name loudly for all to hear (repeat for any girl who is quiet). Explain that we're going to pass the ball around the circle so that everyone has a chance to catch and toss the ball. When you get the ball, say your name and to (the name of the person you're tossing it to).

Since there are people we don't all know, you may need to ask the girl who you're going to toss the ball to what her name is- you can ask or point to that girl so that she can give you her name. When you've had a turn with the ball, put one of your feet into the circle. This will tell other girls that they should pass the ball to someone else.

Try making the ball go one time around. Do the girls remember who tossed the ball to them and who they tossed it to? Ask them to point to those people. Challenge the girls to have the ball make the same pattern around the circle, but this time go a little faster. Does anyone have suggestions or strategies for making this happen faster? Try it. Ask what happened? Explain that we'll try it one more time. Does anyone have any suggestions?

### ***Answer Me This***

This time as you pass the ball around, it can go in any direction. When you catch the ball, look at the number closest to your right thumb. Each girl will say the number which correlates to one of the *Answer Me This* Questions. Ask one adult to read the question, when a girl says a number. Keep going until everyone has had a turn. Ask girls if they want to use the "put a foot in the center" signal again for this game.

Questions: (you can make up your own list- these are just suggestions)

1. What do you like to do outside?
2. What is one of your favorite foods?
3. When it is raining, what do you like to do?
4. Have you ever built a sandcastle - where?
5. When you're at home, what is a favorite thing to do?
6. Where do you like to go or visit?
7. What do you want to learn how to do?
8. Do you have a favorite part of school - what is it?
9. What is your favorite flavor of ice cream?
10. If you could do anything all day long, what would that be?

Positively reinforce girls' actions as they play: "I can see that you're really paying attention", "you're being respectful of each other as you take turns", etc...

Notes:

If you have a hard time remembering names, it is fine to give girls nametags or take a photo of everyone so that you can practice linking their name to their face. Consider adding their photo to their Kaper Chart marker.

# Brownie Meeting 1

Notes:

When deciding on snacks, be sure to make everyone aware of any allergies that affect the group.

Use snack as an opportunity to teach healthy lifestyle choices encouraging a variety of foods rather than always a refined, sweet snack.

Even though it may be easier for adults to swoop in and clean-up, Girl Scouts need to learn to leave a place in as good or better condition than they found it.

## **Activity 2 - Troop Agreement**

Ask girls to think of ways that they'd like to be treated during Girl Scouts. What are some expectations we can have for each other? Examples could include: How to talk to each other, keeping our meeting place clean, following rules, asking questions when we're unsure, respect...

On a large sheet of paper, write "Troop Agreement", underneath, record the girls thoughts - be sure to keep them in a positive format. Rather than "No yelling" coach the girls to say something like "use inside voices" or "Speak so people can understand you".

At the end, have girls write their names or initials on the paper.

## **Activity 3 - Snack (optional)**

## **Activity 4 - Girl Scout Law Keepsake**

### **Girl Scout Law Wall Hanging**

You will need:

5 or more craft sticks  
12-15 inches of ribbon or yarn  
3x5" index card  
masking tape and glue

#### **Directions**

Place five or more craft sticks side by side and tape them together in the center.

Attach yarn or ribbon to form a hanger.

Glue an index card on top of the sticks and tape to hold the wall hanging together. (*Note: Index card is the backing and should not extend beyond the sticks.*)

Either Print the Girl Scout Promise on cardstock paper and cut it out or write the promise directly on the popsicle sticks.

Glue it on the front of your wall hanging (craft stick side) and enjoy!

#### **THE GIRL SCOUT LAW**

I will do my best to be  
Honest and Fair,  
Friendly and Helpful,  
Considerate and Caring,  
Courageous and Strong  
Responsible for what I say and do,  
And to respect myself and others,  
Respect Authority,  
Use Resources Wisely.



# Brownie Meeting 1

## Activity 4—*Girl Scout Law Keepsake* cont...

Make the World a Better Place and  
Be a sister to every Girl Scout.

### Clean-up

Give specific instructions on how and where things should be put away. "Put all markers back into the large plastic bag Sue is holding. When the bag is full, Sue put the bag in the box." or "make sure to pick up paper scraps on the floor and throw them in the trash" or "push in all the chairs." If the girls aren't sure what to do next, let them know that they can always ask what else they can help with. When clean up is done, come to our Brownie Friendship Circle for Closing.

### Closing & Looking Ahead to Meeting 2

#### *Looking Ahead:*

At our next meeting, we'll be learning more about each other and what we can do as Brownie Girl Scouts. To help us learn more about each other and the troop, we'll be doing a Troop Hope Map about ourselves.

If you've already made a schedule to bring snack or have adult helpers come to the meeting, remind girls who will be doing that at the next meeting.

#### *Closing:*

Ask each girl to say one thing they liked about their Brownie meeting today. To get them started, you can have the adults go first. To get the girls thinking beyond the activities, one adult might mention meeting new people or playing together.

End the meeting by singing *Taps*:

Day is done,  
Gone the sun,  
From the lake,  
From the hill,  
From the sky,  
All is well,  
Safely rest,  
God is nigh.

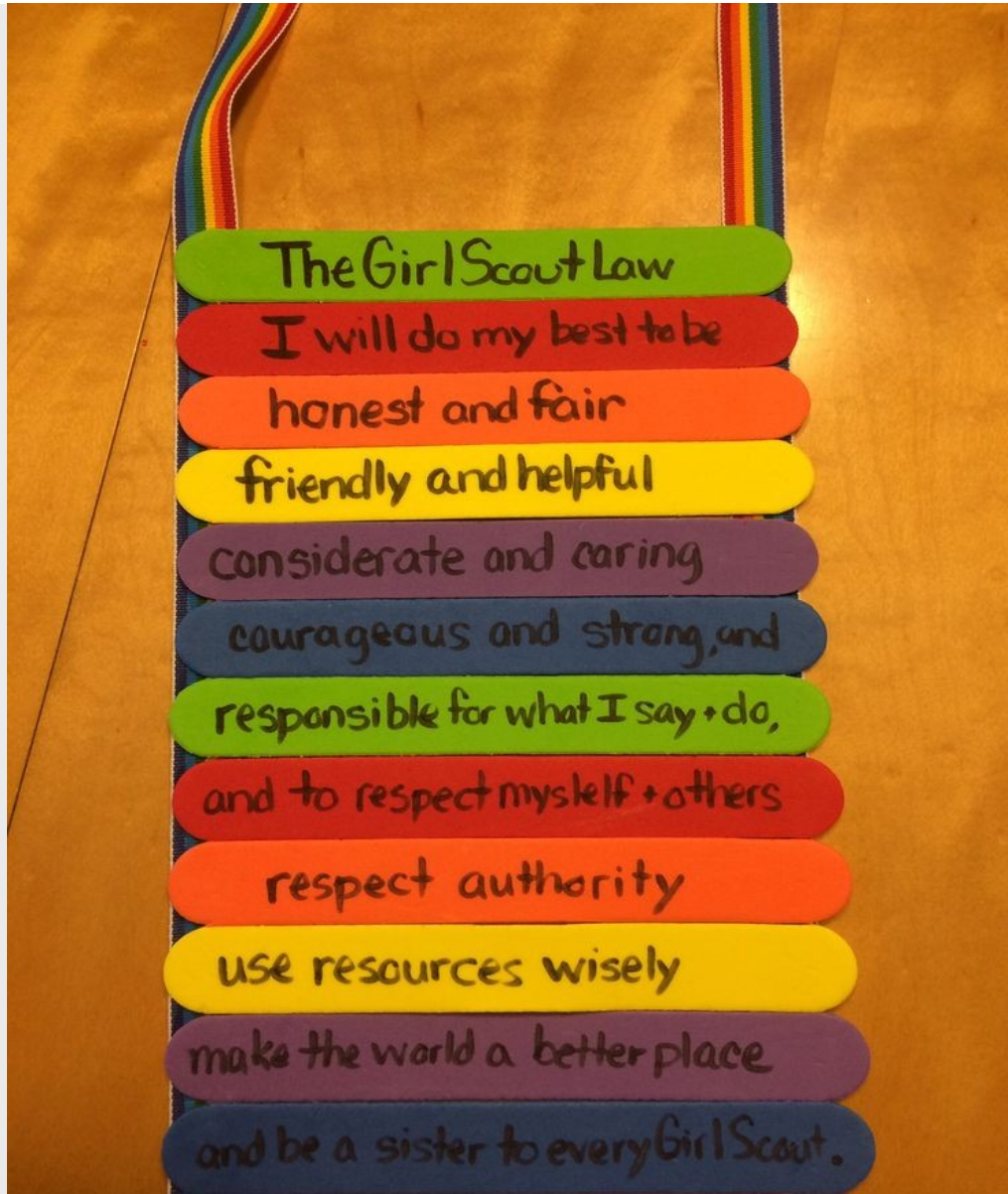
#### Notes:

Even though the girls may seem young, often they can help each other better than adults can lend a hand. Allow the girls to help one another with this project.

# Brownie Meeting 1

Notes:

Encourage girls to take their Girl Scout Law hanger home with them and practice.



# Brownie Meeting 1

## Closing cont...

One girl can start “the Squeeze” by squeezing one of her hands. When the person who is holding her hand feels it, she squeezes her other hand and the squeeze makes its way around the circle. When complete, you can say “Goodbye Girl Scouts” and have everyone turn to the outside of the circle, raising their arms and uncrossing their arms as they turn.

## Notes:

At your Service Unit Meeting, ask if the group can practice the friendship squeeze and singing of Taps.

Those who know the traditions will gladly lead and help others learn. Chances are, at the end everyone will be wearing a big smile!

# Brownie Meeting 2

## AT A GLANCE

- Opening Ceremony:
  - Make New Friends & Girl Scout Promise*
- Look at resources
- About Me Charades and Activity
- Snack (optional)
- Troop Hope Map
- Service & the Brownie Elf
- Closing: one thing about you...
- Hole Punch
- Yarn

## MATERIALS

- For Start-up: Trefoil cut from different colored paper, solid paper, glue sticks, pencils
- *Brownie Girl's Guide to Girl Scouting, Brownie Quest, Wonders of Water, A World of Girls Journeys, GSOFACT Program Resource Guide*
- Roll of paper (large enough to trace a body on each)
- Markers or crayons
- Pre-cut yarn
- Trefoil
- Snack (optional)
- Large paper, index card size paper, marker, tape
- Samples of two service project ideas & page 5 of *Brownie Girl's Guide to Girl Scouting*
- Names of girls on small papers

## PREPARE AHEAD

- Cut Girl Scout Trefoil Name Tag Template for Start-up Activity
- Girl Scout Promise template
- Practice *Brownie Smile Song* (page 9 Girl's Guide or online)
- Locate at least 2 options for Service Projects and, if applicable, make samples.

## Notes:

*When cutting Trefoils, you can use recycled materials such as wrapping paper, cereal boxes, etc.. Cut out at least 10 for each girl.*

*Ask others in your Service Unit if you may borrow their Brownie journey books to show the girls. You can also print out Journey information found online at [gsofact.org](http://gsofact.org).*

*Ask your Service Unit Manager or other leaders for Service Project ideas that can be done at your meeting.*

# Brownie Meeting 2

Notes:

Make New Friends can be found on page 9 of the *Girl's Guide* and online. While you'll find several verses of this song online, teach only one or two at a time so that girls really master each verse.

## Start-Up

At each seat, set out a plain sheet of paper, cut out Girl Scout Brownie Elf, a hole punch, markers/crayons, yarn pre-cut and a pencil. As girls check-in, invite them to decorate their own trefoil including their name. Have girls glue the Girl Scout Promise to the back of the trefoil. Have the girls string their trefoils together and hang the garland in a place of importance during your meeting.

Remind girls to check the Kaper Chart to see what their Kapers are today.

## Opening

Call the girls to their Brownie Circle.

Ask the girls whose Kapers are Flag Ceremony to get ready. Lead the girls in the Pledge of Allegiance and the Girl Scout Promise.

Explain that a big part of being a Girl Scout is making friends of all kinds. Some girls may already know each other from school or some other place, and some girls may be new. In Girl Scouts, there is a song that talks about new and old friends. It is called *Make New Friends*. Sing the song one time through and then ask the girls to follow you, repeating one line at a time. When you think that they've learned it, start again, with everyone singing the whole song together.

*Make New Friends - Lyrics (2 verses)*

Make new friends, but keep the old.  
One is silver and the other is gold.

A circle is round, it has no end.  
That's how long I want to be your friend.

## Business

Explain to the girls that as Brownies, they will try and learn many things. Brownie Girl Scouts in Connecticut and around the world have several things in common that they can use to help learn and explore.

Show the girls the resources, giving a short overview of each book.

*Girl's Guide*: Gives information about Girl Scout traditions and awards they can earn by learning about the Girl Scout Promise and Law and Financial Literacy.

*Brownie Quest*: Focuses the three keys, Discover, Connect and Take Action through a mystery quest.

*Wonders of Water*: Talks about the importance of water throughout the world.

# Brownie Meeting 2

## **Business cont...**

*A World of Girls:* Explores what life is like for girls around the world through media and how to make the world a better place for girls, near and far.

*GSOFACT Program Resource Guide:* Has events and resources that we can use. You can go to events alone with an adult, or we can go as a troop, as long as adults are trained to take trips.

Break the group into 5 smaller groups or pairs of girls. Give one resource to each small group. Explain that they should look at the resource, and after 5 minutes, they'll take turns sharing something about the book (this could be the pictures, awards, anything the girls want to share).

Explain that at a later meeting we'll try some activities related to the three Journeys to help us decide which journey we want to start on first.

## **Activity 1 - Action Name Introduction Game**

### **Charades**

Gather girls in a circle, with space for movement. Explain that in charades, you silently act out an activity rather than using our voices. Have each girl think of something she likes to do outdoors. When they have an idea, they should put their hand on their head. If girls are having difficulty thinking of something, quietly give them some help. Choose one girl to go first, she whispers in your ear what she likes to do, then acts it out. All other girls should follow her actions. After 15 seconds, let up to 3 girls guess what she likes to do. If no one guesses correctly, the girl to her left who has not had a chance yet, goes next.

### **Action Introduction Game**

*Are you looking forward to being Brownies this year? Are you ready to start our Brownie adventures together?*

*This is our Brownie circle. It's a special place where we will come together to share thoughts and ideas and make decisions and plans for our troop. In the Brownie Ring, everyone gets a chance to talk, and everyone listens to what others have to say.*

*During this meeting, we are going to learn a little about Girl Scouts and spend some time getting to know each other better. Let's do that now. Each person is going to say their name along with an action-word to go with their name (such as "Swimming Samantha or Jumping Jennifer"), and then you will show the action to the group. So if my name was Samantha, I would say Swimming Samantha and then pretend to swim. Got it? Let's try! Everyone stand up –we might need some space for this.*

Start the game by saying your action name and then perform the action.

Notes:

# Brownie Meeting 2

Notes:

Large rolls of paper can be found at teacher stores or at craft shops.

Worried about protecting the table or floor surface? Cover the table with plastic shower curtains or inexpensive plastic tablecloths.

## **Activity 1- cont...**

*Have girls repeat your action name and do the action.*

Now ask the girl to your left to say her action name and perform her action.

Her action name should start with the same letter as her first name.

*Now let's all try to remember from the beginning.*

Everyone says her action name and performs the action, then the next girl's name and performs the action, and then the third girl will introduce her action name and perform her action. The group will then repeat all the action names and perform the actions of all girls before her, and so on, until all girls have been introduced.

## **Activity 2 - Snack (optional)**

### **Activity 3 - Troop Hope Map**

By creating a troop hope map, girls give ideas of things they hope to do as a troop.

Sitting in a circle or a few smaller circle, have girls discuss things they hope to do in their troop. Have an adult write these thoughts onto the smaller pieces of paper.

When everyone has had a chance to express one thought, gather together in a large group near the big piece of paper. On the paper, you can draw a line to represent the "trail" you'll take. As you read a thought each girl gave, have her tape it onto the map. What things are the same? Are there things that you'd like to do, but didn't say up on the map? Explain that while we may not be able to do everything on the map, we'll use it in planning our time together.

### **Activity 4 - Helping Others**

Show the girls pages 18-21 of the *Girl's Guide* and read the Brownie Story. What part of the Girl Scout Law they represent?

Which parts of the story might be related to "giving service" or "doing things to help others"? (for example: What does Grannie say Brownies Do? What do Mary and Betty see in the pond? What does the Owl say about Brownies?)

So much of the Law is about helping others! Service means helping Others, and as Girl Scouts, we can do service projects to help others.

# Brownie Meeting 2

## Activity 4 - *Helping Others cont...*

Show or explain the two service projects they can do next time you meet. Discuss how it helps others. When girls have a good understanding, ask them to vote on the service project that they'd like to do. Remember to explain that by voting, the group is deciding to do what most of the girls in the troop want to do.

Suggestions for service projects that may be done at a troop meeting:

- Thank you cards for local civil servants or teachers
- Paint pictures or make window decorations for people in an assisted living facility
- Tray favors for Meals on Wheels or an assisted living facility
- Transplant small pansies or other flowers from flats into larger pots and give to others
- Clean your meeting place
- Plant flowers outside your meeting place

## Clean-up

Keep your clean-up routine a smooth operation by making sure girls understand what needs to happen and have any adults encourage and guide girls in their efforts. You may wish to play music or sing together while everyone is cleaning up.

## Closing - *one thing about you*

Give each girl a paper with another girl's name on it. After making sure that each girl knows whose name she is holding, ask them to say one positive thing about that person. "I liked the way you helped me clean up" or "You have a dog" or "you used lots of colors in your picture", etc...

Sing *Taps* and do Friendship Squeeze

## Looking forward to next meeting....

If not secured already, ask adults for help prepping for, doing and delivering the Service Project.

Notes:

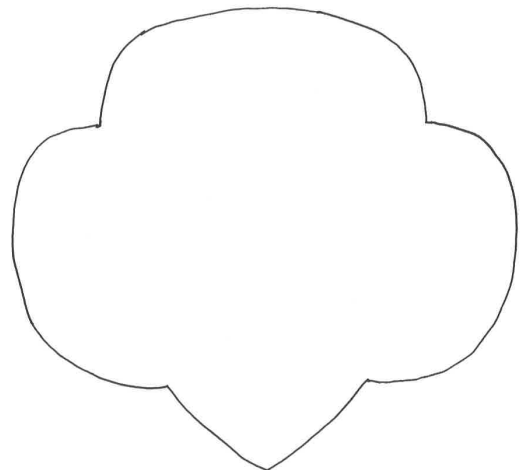
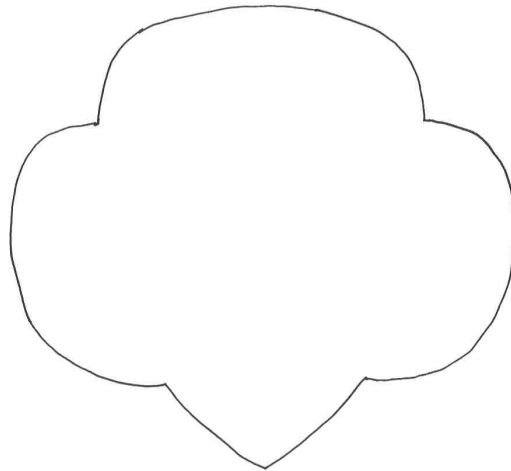
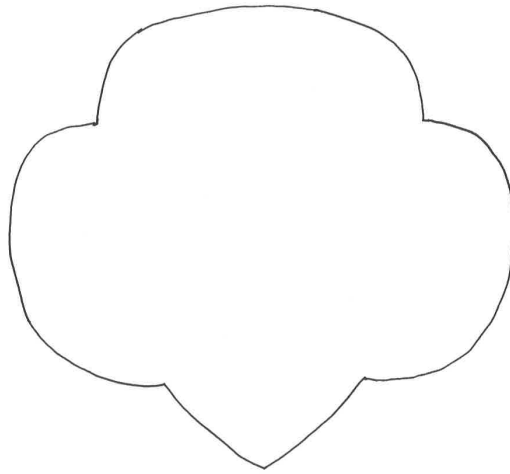
By contacting local organizations and explaining who you are and that you're looking for your girls to help others, you may find service Project ideas. This is a perfect opportunity for a troop adult to help.

Remember to also ask other leaders in your town for suggestions.



# Trefoil Activity

Notes:



# Brownie Meeting 3

## AT A GLANCE

### Notes:

- Opening Ceremony: Girl Scout Promise & Juliette Gordon Low Action Story
- Kim's Game
- Service Project
- Snack (optional)
- Girl Scout Ways Activity
- Plan Investiture Ceremony
- Closing: helping others makes me feel..., *Taps*

### MATERIALS

- Flat Juliette paper doll, crayons & tape
- Items for Kim's Game (or print photos)
- Towel to cover Kim's game items
- Service Project Supplies (as determined by your project) Or if making sun catchers as suggested here: clear contact paper, dark construction paper, tissue paper shapes or dried colorful leaves, or dried flowers/grasses, scissors, yarn.
- Snack (optional)
- Girl Scout Promise Poster
- Ceremony planning guide
- Markers

### PREPARE AHEAD

- Copy Flat Juliette and outfit outlines.
- Gather items listed in Kim's Game, or print out photos and cut apart.
- Collect or ensure other adult has collected materials for Service Project.
- Print out Promise reminder cards for girls to take home.
- Copy ceremony planning guide on large paper.

# Brownie Meeting 3

## Start-Up

On table, place flat Juliette paper doll and an outfit outline, which is pre-cut to fit the doll. Provide crayons and tape for the project. While waiting for all the girls to arrive, girls decorate the doll and outfit. Paper dolls were a favorite activity of Juliette Gordon Low.

## Opening

Begin opening with flag and the Girl Scout Promise. Tell girls a bit about Juliette Gordon Low, or "Daisy" as most people called her. Next explain that as you read the following story about the start of Girl Scouts, girls should make certain movements or sounds when they hear certain words. It is best for girls to stand for this activity.

*Juliette Gordon Low Action Story:*

*Actions:*

Little Girls -	Stand and giggle
Juliette Low -	Curtsy and say, "Be my friend"
Georgia-	Wave and say, "Hi, y'all!"
Horses-	Stamp your feet and say, "Neighhhhhhh."
Lord Baden-Powell-	Bow formally and say, "How d'ya do?"
London-	Sing, "London Bridge is Falling Down"
Boy Scouts-	Make Scout sign and say "Be prepared."
Girl Scouts-	Make Scout sign and say "On My Honor"

*Story:*

Once upon a time, there was a little girl named Juliette Low who lived in Georgia and loved to ride horses. After she grew up, she went to London where she met Lord Baden-Powell who founded the Boy Scouts. She was fascinated by the work he was doing. She studied with him awhile and decided to found a troop of Girl Scouts for the little girls who liked to ride horses in Georgia. So Juliette Low said good-bye to the Boy Scouts in London and came home with the ideas that Lord Baden-Powell gave her. She formed a group of little girls, who liked to ride horses and be together, into a troop of Girl Scouts. And they loved it so much that the idea spread and now there are Girl Scout troops all over the world.

## Business

Check in with the girls- does the Kaper Chart have all the kapers we need? Do we have enough or too many girls doing any one task? Do they have any suggestions to change it?

Notes:

Page 10-11 of the *Girl's Guide* has a short piece about Juliette Gordon Low.

# Brownie Meeting 3

Notes:

## **Activity 1 - Kim's Game**

Juliette was friends with Lord Baden-Powell who started the Boy Scouts in England. Lord Baden Powell had been in the military and used this memory game with his soldiers. After all the items are put out on the table/floor, they'll be covered up and we'll work together to remember all the items.

As you lay the items out on the table/floor, have a second adult read about the item. Make sure the girls see and know the name for each item.

**Items-**

### **Map of Georgia**

Juliette was born in Savannah, Georgia

### **Pumpkin**

Juliette Gordon Low was born on October 31, 1860 – Halloween

### **Daisy Flower**

Juliette's Uncle took one look at her and said, "she looks like a Daisy" and this nickname stuck with Juliette for the rest of her life.

### **Horse**

Daisy loved animals and had a horse named Fire.

### **Book**

Juliette loves to tell stories. She wrote many stories herself, and she told them around the campfire.

### **Colored pencil and brush**

Juliette loved to draw and paint. She loved it so much she created a children's magazine with all of the pictures and articles done by children.

### **Boat**

Juliette and Willie (her husband) loved adventure, so they decided to move to England

### **Glove**

In the olden days, women wore white gloves when they dressed up for dinners and parties. Juliette could be found cleaning her house in her evening wear/gown.

# Brownie Meeting 3

## Activity 1– *Kim’s Game cont...*

### # 5 and #2

Juliette was 52 years old when she started Girl Scouts in the USA.

### Girl Scout Pin

Juliette started the first troop on March 12, 1912

### Tomato Soup Can

Having nothing else on hand to put her honor pins in, Juliette grabbed an empty tomato soup can and carried the pins to a meeting in it.

### Fish

Juliette was one of a very few people outside of the United Kingdom/ England to be awarded the Silver Fish.

### Pearls

Juliette needed money to help Girl Scouting grow. She sold the pearl necklace that Willie had given to her as a wedding present.

## Activity 2

**Service Project** - follow your own ideas to make these sun catchers for teachers, assisted living residents or another group of people who might need their days brightened.

Here are the basics of making a sun catcher. Depending on the season, use different items to sandwich between the clear contact paper. You can also cut the construction paper frame into different shapes- hearts, circles, snowflakes, trefoils, etc...

- Fold a piece of construction paper in half and draw 1/2 of a shape on the fold, being sure not to reach the edge of the paper. This will make the opening in the center of the piece- where the sun will shine through. You may wish trim the edges of the shape as well - be sure to leave a frame of at least 2 inches around the whole piece.
- Cut two pieces of clear contact paper that will cover the opening, but not extend past the construction paper frame.
- Peel the paper backing off of one sheet of contact paper. Tape it to the back of the construction paper, with the sticky side facing away from the paper.
- Place flat & translucent leaves, paper, flowers, grasses, etc.. On the sticky part of the contact paper.
- When it is all arranged, peel the backing off of the second piece of

Notes:

contact paper. Carefully lay it on top of the other contact, with sticky sides facing each other. Smooth out any bumps- bubbles can be popped with a pin, and smoothed out.

- Attach yarn for hanging.

Service Project - follow your own ideas of make these sun catchers for teachers, assisted living residents or another group of people who might need their days brightened.

In Girl Scouting, service means doing something helpful without asking for or expecting a reward just like the Brownie Elf! Through service projects, Girl Scout Brownies can have fun, learn new skills and information.

### **Activity 3 - snack (optional)**

### **Activity 4 - Girl Scout Promise**

This activity is geared to help girls learn and understand the Girl Scout Promise. When written, the Girl Scout Promise has the word *God* in it. When girls say the Girl Scout Promise, they may substitute this word according to their own beliefs.

When a girl can recite the Promise and can talk about what the Promise means to her, she has earned the Promise Center, which is worn on the front of her tunic/vest, as the center of her Daisy Petals.

Ask the girls to say the Girl Scout Promise with you. Break the promise into parts and lead a discussion with the girls.

*On my Honor I will try ....* Trying is so important. We don't always succeed, but that is ok.... When you keep trying that is great. Was there ever a time you tried over and over again to do something, and then succeeded?

*To serve God and my country...* If you participate in a religion, how does your faith ask you to behave? What can we do to help our country?

*To help people at all times...* Why is this so important? What would happen if people only helped when they felt like it, rather whenever people needed help? Can you tell us ways that you help people?

*And to live by the Girl Scout Law...* Is it easy to live by the Girl Scout Law? Is it doable? Can little things we do make a difference?

Recite the promise again, this time letting the girls say it on their own.

Explain that now that the girls understand the Girl Scout Promise, you'll plan an investiture ceremony for next meeting.

# Brownie Meeting 3

Notes:

Using a large sheet of paper and markers to write the girls' plans shows them a tool for organizing.

For the closing: Remember that it is ok if a girl either can't think of a comment to make or doesn't feel like sharing right now. For situations like this, make it a troop practice to accept "I'll pass" as an answer. Sometimes a girl will think of something to say by the end of the activity- other times maybe not...and that is ok!

## **Activity 5 - plan a ceremony**

Using the outline for a simple ceremony, ask the girls to give their ideas to complete the plan. These are some things to consider:

Name of Ceremony: Investiture and Rededication

Purpose: Investiture, welcoming new girls & adults into Girl Scouts, and ask returning Girl Scouts pledge to continue to keep the Girl Scout Promise.

Date & Time:

Location:

How will it open? (circle, walk into the room, flag?)

What song, poem or story do we want to tell?

What will the middle part be? (explaining what the Promise means to us, reciting the Promise, etc..)

How will we close the ceremony?

Will we have refreshments?

Will awards or pins be presented to the girls?

Who will do each part?

Do we want decorations or props, if so, who will bring them?

What is most important is that the girls actively plan *their* ceremony. Do your best to follow their plans, and make them a reality.

## **Closing**

Ask girls to complete this sentence "Today I feel..."

Sing *Taps* and do the friendship squeeze.

## **Looking ahead to the next meeting:**

Let families know that at the next meeting, the girls will have a ceremony that they have planned and who will be receiving their Brownie pins

# Brownie Meeting 4

## AT A GLANCE

### Notes:

- Opening Ceremony:
  - Girl Scout Promise & the Girl Scout Law
  - Review Troop Agreement
  - Physical Activity
  - Snack (optional)
  - Girl Scout Way Activity
  - Introduce Brownie Journey choices
- Vote on Journey
- Investiture Ceremony
- Closing: One Word
- Taps
- Large Paper

### MATERIALS

- Paper and pens/markers
- Construction Paper for “flame” ceremony, tape, scissors
- Kaper Chart
- Snack (optional)
- Girl Scout Promise Poster
- Ceremony planning guide
- Marker
- Journey books

### PREPARE AHEAD

- Collect or ensure other adult has collected materials for Service Project.
- Print out Promise reminder cards for girls to take home.
- Copy ceremony planning guide on large paper.
- You may want to prepare an example of a Haiku ahead of time.
- Borrow the three Journey Books. Ask at your Service Unit meeting or email leaders in town to see if they have old copies you could borrow.
- Read through the books or go to the flip books on the GSUSA site to get an idea of each Journey’s topic.
- Find a stick to use as a talking stick - it should be no larger than a wooden spoon, which is another choice. If desired, decorate with troop number, a bead for each girl, feathers etc..
- Gather materials as needed for the ceremony.
- Remind families to arrive early for pick-up so that they’ll be on time for the Investiture/Rededication Ceremony.



# Brownie Meeting 4

## Start - Up

As girls arrive, invite them to look over the Girl Scout Journey books. They should be looking at them to help decide which Journey they'd like the troop to work on. Remind girls that everyone has different interests and that is great- let everyone have their own opinion.

## Opening

Call the girls to their Brownie Circle. Ask the girls whose Kapers are Flag Ceremony to get ready. Lead the girls in the Pledge of Allegiance, and the Girl Scout Promise.

After reciting the Girl Scout Promise and Law, ask "What would the world be like if people all treated each other and cared for the world according to the Girl Scout Law?" While it might be hard to always live by the law, as Girl Scout Brownies we "must do our best".

Ask the girls if there is a song they'd like to learn or practice.

## Business

Remind girls of the troop agreement they made. Ask if anyone remembers any of the items on the list.

While friends don't always agree, or like the exact same things, we understand that that is ok. In our troop we'll do our best behave this way (as in the agreement), so we all know what to expect from each other, and enjoy spending time with each other. Is the Troop agreement working? Now that we've spent time together, is there anything that might be added or taken out?

## Activity 1 - Friendship

### *I am you friend*

Tell the girls to sit on the floor in a group. Seat one girl in a chair with her back towards all the girls. Some girls may feel a little bit nervous, so, you may want her to close her eyes instead while sitting in a circle so that she's comfortably sitting on the floor. While she closes her eyes, another girl slowly walks up behind her and says "I am your friend." The girl then sits back down. The girl seated in the middle opens her eyes and turns around looking at the girls. She has three guesses to try to guess which girl spoke to her. If she guesses correctly, she selects the next player. If she guesses incorrectly, she gets another chance.

### *About Me - Haiku (Brownie Quest)*

In this activity, girls will write a haiku about themselves or something around them. Explain to the girls that a haiku is the shortest form of poetry in the world but is very simple to write. Haikus are all about seeing

Notes:

*Make New Friends*, can be found on page 9 of the *Girl's Guide*, and online. While you'll find several verses of this song online, teach only one or two at a time so that girls really master each verse.

# Brownie Meeting 4

Notes:

Worried about protecting the table or floor surface? Cover the table with plastic shower curtains or inexpensive plastic tablecloths.

## **Activity 1 - Friendship cont...**

Haikus are all about seeing things that are in the world around us. Example: "I am green and speckled legs, hop on logs and lily pads, splash in cool water" or "Morning sun and wind lay treetops choose who wins." Haikus are just three lines which describe what you see with words to really paint a picture.

Girls might enjoy looking at each other's drawings for similarities.

## **Activity 2— snack (optional)**

### **What will your Journey Be?**

## **Activity 3 - Introduce Journey Choices**

Gather the girls together, sitting so that they can all see each other. Have on hand the three Journey books and the talking stick. Explain that the stick will be used to help girls take turns talking. It's a reminder that whoever has the stick is the person who "has the floor" to speak. Today, we're going to decide which Journey we want to work on together. At the end of each journey we'll do a Take Action project, something we decide to do to help others. The topic of project- what it is- will depend on the journey we choose. As we work on and complete the journey, you will earn awards. Are there any questions? Ok, let's hear a little about each Journey so that we can discuss and then vote on which one we'll use. Show the girls each book and give a little bit of info on each one.

By brainstorming, girls give ideas of things they hope to do as a troop. Sit around in a circle and have each girl discuss the Journey that they would most like to work on. You may want to create a mind map, similar to the Troop Hope Map, to plan out a strategy. See pages 6-7 in the *Girls Guide to Girl Scouting*. Have an adult write these thoughts onto the smaller pieces of paper or post it notes to later be placed on the map by the girls. When everyone has had a chance to express their thoughts, gather together in a large group around the mind map.

On the paper, you can draw a line to represent the "trail" you'll take. As you read a thought each girl gave, have her tape it onto the map. What things are the same? Are there things that you'd like to do, but didn't say up on the map?

Explain that while we may not be able to do everything on the map as part of their Journey, we'll use it in planning our time together.

# Brownie Meeting 4

## Activity 3 - What will your Journey Be? cont...

**Brownie Quest:** If we work on this Journey, we'll think about the powers of how to take care of ourselves, our families, our Girl Scout sisters, and our community in the *Brownie Quest* Journey. Together they read to younger kids, promote healthy eating, or choose a project that improves the lives of their neighbors. We will delve in what it is to be a Girl Scout through learning about the Girl Scout Law. Girl Scout Brownies are invited on a search. The three keys they will uncover along their journey are the keys of the Girl Scout leadership philosophy. You'll see it's important to keep the fun and mystery going! As Brownies move through the Journey, the Quest Master Map offers a visual record of your progress along the Quest. There are also three awards that can be earned through taking on the Quest. **The Discover Key** will help Brownies discover themselves and their values—as a Girl Scout and a member of her family. **The Connect Key** will connect each as a member of a Brownie Team, with her family on a healthy-living activity, and, as a group with their community to increase healthy-living opportunities. **The Take Action Key** will team up Brownies to identify a community place where the team can Take Action. Then they join together to make a plan to Take Action and carry out their Take Action Project to improve their world.

While the other two Journeys lead us to a topic for our Take Action project—Brownie Quest is wide open. This could make it harder for us to decide on an issue, or fit us to a “T” - it is something to keep in mind.

**Wonders of Water:** Working on this Journey, we'll find ways to conserve water both at home and in the community lessening y our footprint on the earth. We'll learn about the endless water cycle, and have a good time making our own rainbows. We'll explore our precious resource of water while meeting inspiring women working for water. As a team, we'll come to understand that WOW also stands for Ways of Working. We'll also learn about reaching out to our community as we advocate for other people to get involved in protecting water, too! Like the other journeys, Wonders of Water contains three awards. **Love Water** which will encourage girls to become aware of the many ways they use and enjoy water while they begin to understand the science of water and its importance in the world.

Notes:

Worried about protecting the table or floor surface? Cover the table with plastic shower curtains or inexpensive plastic tablecloths.

# Brownie Meeting 4

## Notes:

Be sure to take advantage of the resource notes to families in the Journey Adult Guides. *Brownie Quest* page 16, *Wonders of Water* pages 34, and for info about *A World of Girls* turn to pages 16 and 17.

Ask for help! Whether you enjoy crafts or not, asking a family member to create the talking stick helps engage adults, show that their help is needed and welcome! For many, this would be a fun way to begin helping.

## *Activity 3—What will your Journey be? cont...*

**Save Water** is earned when the Brownies team up and speak up as advocates to protect water or keep it clean in their community. Girls start thinking as a team about what they will do for water. Girls will begin to realize the impact that group efforts can produce.

**Share Water** is the award where girls create an even bigger ripple by sharing their efforts for water with others, educating and inspiring them to join in, and asking them to commit to a water promise.

**A World of Girls:** This Journey teaches Brownies clues about how they can create positive change in the world, change that affects girls. Like the other Journeys, *The World of Girls* contains three awards. To earn the first, the **Hear a Story Award**, Brownies see that stories hold clues for how to better the world. To earn the **Change a Story Award**, Brownies will learn that they have the power to change things for the better for girls in the world. The **Tell a Story Award** will show you how much confidence and knowledge you have to educate and inspire others as a member of a large and far-reaching world of girls.

Now ask if there are any questions. Answer as best as you can. If a girl asks what they'd actually do for a project, reply something like, "that will be up to the girls in the troop to decide. We wouldn't know until we learned a bit from the journey." Next, ask if anyone would like to advocate or tell why they'd like to do a particular Journey? Give the girl the talking stick and explain that the stick only can be with them a short time since others will want to talk too. Remind others that only the girl with the stick can speak right now and our job is to listen.

After girls have given their reasons for doing each Journey, it is time to vote! Explain that when voting, the group goes along with the thing that most people vote for. Remember, we all think differently and that is ok, but in order for us to work together, we need to choose one Journey- no worries though - there will be lots of other decisions to make along the way! Remind the girls of the three Journeys. Ask girls to raise their hand, voting for the one journey they'd like to do.

# Brownie Meeting 4

## Activity 3– What will your Journey be? cont...

After girls have given their reasons for doing each Journey, it is time to vote! Explain that when voting, the group goes along with the thing that most people vote for. Remember, we all think differently and that is ok, but in order for us to work together, we need to choose one Journey- no worries though - there will be lots of other decisions to make along the way! Remind the girls of the three Journeys. Ask girls to raise their hand, voting for the one journey they'd like to do.

## Activity 4- Investiture Ceremony

Using the outline for a simple ceremony that the girls created during Meeting 3, gather the girls together and tell them that it is time for the Investiture Ceremony that they planned. Ask returning Brownies to lead the Investiture Ceremony welcoming their new Brownie friends. This would be a great time to enlist the help of a Cadette Girl Scout to assist. Remember, the Investiture Ceremony should be planned and led by the girls. Each girl should be assigned a particular job for the ceremony which can be chosen by picking names from a hat to avoid hard feelings. The girl or adult who is being invested will: (1) Say the Girl Scout Promise, (2) Receive her Brownie Membership Pin, (3) Be welcomed into Girl Scouting.

### Brownie Girl Scout Investiture

*(Can be adapted for indoors or outdoors)*

Supplies: Brownie Girl Scout pins for new members, a "pond" (mirror or covered foil) to be set on the floor surrounded by leaves/plants - real or artificial.

Procedure: Members to be invested are outside the meeting room. They knock on the door. Leader opens it and asks:

LEADER: We all remember the Brownie Girl Scout story from our handbook. We, too, will perform a little magic of let's pretend. Close your eyes. (While leader is reciting the poem, the older Brownie Girl Scouts set up the "pond".)

Notes:

For the ceremony, ask families to help bring certain items from the girls' list, music, etc...

# Brownie Meeting 4

## Notes:

*At this time, all girls make the Girl Scout sign and repeat the Promise. Call each girl forward and place her membership pin on her clothing upside down. Explain that the pin is upside down because she should go home and do three good turns ... one for each part of the Promise. When the good turns are completed, her parent or guardian can turn the pin right side up. Note that you hope to see all the pins turned over by the next meeting. (Discuss the meaning of good turns with the girls prior to the ceremony). Note: putting the pins on upside down is an optional activity.*

## Activity 4— Investiture Ceremony cont...

### LEADER:

Cross your little fingers,  
Stand upon your toes,  
That's a bit of magic,  
Every Brownie Girl Scout knows.  
Now we all are standing in a forest glade.  
Listen very carefully,  
See the magic made.  
Open your eyes,  
Here we are in the big woods.  
Before you is a pond,  
You can almost hear the Wise Old Owl  
And the friends of whom you're fond.  
(Assist each girl to the pond and while turning her - repeat:)

She then stands to the side. Repeat process for each girl).

### Closing

Ask girls what they liked the most about the ceremony and why?  
Sing Taps and do the friendship Squeeze

### Looking ahead to next meeting

Remind families that you'll be sending out ways that they can help with the Journey- it could be locating a field trip, planning an activity, finding a speaker, etc... At the next meeting, we'll do things that we usually do, but also begin doing the Journey.

# Brownie Meeting 5

## AT A GLANCE

- Opening Ceremony:  
Girl Scout Promise & the Girl Scout Law
- Business: Pick a Journey
- Snack (optional)
- Journey Activity
- Games
- Closing: I'm excited about...

## MATERIALS

- M&Ms
- Snack (optional)
- Girl Scout Promise Poster
- Girls Guide to Girl Scouting
- Hula Hoop
- Journey activity and supplies—see list above activity, dependent upon Journey
- **Brownie Quest**—popsicle sticks, glue,
- **Wonders of Water**  
Water droplets, scissors, pens, large sheets of paper, tape
- **A World of Girls**  
Roll of paper, markers, crayons, tape, stapler

## PREPARE AHEAD

- Prepare water droplets
- Check-in with any family adults who replied to the “help with the Journey note”. Make sure they're all set if helping at the meeting.
- Borrow Journey Books and Guides
- See Adult Journey Guide for any other prep needed for Journey activity.

## Notes:

*When it comes to snacks or activities which involves food, it is important to check on allergies and health forms.*

# Brownie Meeting 5

Notes:

## Start - Up

Memory Keepers—As the girls arrive, provide copies of the Brownie Troop Agreement and invite the girls to decorate, autograph, and insert it into either their *Brownie Girls Guide to Girl Scouting* or one of their Journey books. They might also want to decorate the Troop Agreement together.

Remind girls to check the Kaper Chart to see what their Kapers are today.

## Opening

Call the girls to their Brownie Circle.

Ask the girls whose Kapers are Flag Ceremony to get ready. Lead the girls in the Pledge of Allegiance, and the Girl Scout Promise.

The girls now know that a big part of being a Girl Scout is making friends and singing songs. By now, many of the girls will know some Girl Scout songs and will want to learn more. Tell the girls that they will be learning the “G for Generosity” song. You may want to sing the song one time through and then ask the girls to follow you, repeating one line at a time. When you think that they’ve learned it, start again, with everyone singing the whole song together.

### Song: G for Generosity

#### “G” for Generosity

*(Girl Scout Pep Song)*

Hooray for Girl Scouts

Hooray for Girl Scouts

Someone’s in the stands yelling

Hooray for Girl Scouts

1, 2, 3, 4, who you gonna yell for?

Girl Scouts! That’s us!

She wears a “G” for Generosity

She wears an “I” for Interest, too

She wears an “R” for Real Life Sportsmanship

She wears an “L” for Loyalty, for Loyalty

She wears an “S” for her Sincerity

She wears an “C” for Courtesy, for Courtesy

She wears an “O-U-T” for Outdoor Life, Outdoor Life,

And that Girl Scout is me!

G for Generosity is a traditional Girl Scout song which can be found online or on YouTube.

While you’ll find several verses of this song online, teach only one or two at a time so that girls really master each verse.



# Brownie Meeting 5

## Business Business

Explain that while we're starting the \_\_\_\_\_ Journey today, we're still going to be doing a variety of things. Our next decision as a troop is to decide what badge we want to earn.

Remind girls of the badges that they can earn- show them the fold out in the *Girl's Guide to Girl Scouting*.

There are five steps to earn a badge- at each step we can choose one of three activities. We'll have a group of girls, called a patrol, in charge of presenting each activity we do. Sometimes you'll lead the group and other times you'll follow the girl leaders.

Does anyone want to advocate for a certain badge? If so, give her time to speak to the group. Take a vote on which one- this might take some narrowing down. If it is close to a tie, let the girls know that "we can work on one, and then the other!"

## Activity 1 - *Don't Eat the M&Ms!*

This game is a troop favorite. First, send a big bag of M&M's around the circle; **IMPORTANT!** Don't forget to tell the players *not to eat* any of the M&Ms until you say it's ok. Let each girl know that she can take as many as she wants, but again, *don't eat them!* After everyone has taken M&M's, explain that for each M&M she has, a girl must tell one thing about herself! After all girls are finished sharing, ask the group to remember one thing that the person on her right said about herself. Then, let the girls eat their M&Ms!

## Activity 2—Snacks (optional)

## Activity 3— Exploring the Journey

### *It's Your World, Change It! - Brownie Quest*

Discovering Family Star (page 49 of Brownie Quest book)

Discovering Me (page 49 of Brownie Quest book)

- Have girls complete the blanks on their Discovering Me stars.
- Have girls cut out star and glue on popsicle stick.

Girls pick out which part of the Girl Scout Law they feel is the most important to them and then fill in it on their Discovery Family stars.

Have girls cut out the star and glue the Discovering Family Star on the back of first star.

Notes:

It's always good to do an ice-breaker with girls even when they already know each other. It helps to get the group together to start off a meeting.

Make sure you check with girls and adults for allergies before beginning activities involving food.

# Brownie Meeting 5

Notes:

Let the girls lead the activities. This is their journey to take.

Large rolls of paper can be found at teacher stores or at craft shops.

## Activity 3 Exploring the Journey cont...

### Materials

- Sheets or a roll of paper
- Markers, crayons, and assorted craft materials

**Circles of Caring** (pages 66-67 of Leader Guide and page 60 of the *Brownie Quest book*)

Hand out to each girl a Me Circle. Show the girls the Me Circle and ask, "Why is ME in the center? What did we just do that represents each of you? You created Discover Stars, which represent your talents and values.

Ask the girls to write the name of a family member who is important to her.

Follow up by saying, "Congratulations! You each used your leadership skills to connect with your families in an important way!"

Point to the third circle and ask, "When we get together here, we belong to what? (The Girl Scout Brownie Circle or Sisterhood! That includes our circle here and the big circle of Girl Scouts all around the world)"

Both you and girls write Girl Scouts in that circle.

Point to the fourth circle and ask, "Who else do we care about?" You may need to prompt with things like friends, teachers at school, relatives, neighbors, people at church, firefighters or police.

You write "people in our community" and ask girls to write who they thought about.

Point to the first circle and ask, "And outside our communities, what do we have? The whole wide world!"

Both you and girls write WORLD in the last circle.

OR...

***It's Your Planet, Love It! Wonders of Water*** activity:

### Materials

- Sheets or a roll of paper
- Map of Connecticut
- Masking tape or other means to post the large paper roll on working surface
- Markers, crayons, and assorted craft materials
- Water Droplets

**Water Map.** On a large sheet of paper, outline a map of a local waterway that the girls may be familiar with. Or use a paper map of your area and highlight the local waterways and mark water-related landmarks that the girls may be familiar with. The troop can even use a map of Connecticut, highlighting the water area near your meeting site if available.

# Brownie Meeting 5

## Activity 3 – Exploring the Journey cont...

Girls should be able to identify local rivers such as the Connecticut River and the Atlantic Ocean. Mark places where you may go camping or where communities near waterways that you might visit to show where they are, and things others do with water that they benefit from (e.g., grow water-melons, keep cows for milk, make ice, used in manufacturing almost anything in your house). When the girls are finished, tape the waterdrop papers to the map near where the activities happen (when possible) or around the outside. Talk about how things that happen upstream (trash thrown in the stream) could impact the things we like to do downstream (trash in the water near our campsite).

OR

### *It's Your Story Tell It! A World of Girls:*

#### Materials

- Sheets or a roll of paper for each group
- Masking tape or other means to post the large paper roll on working surface
- Markers, crayons, and assorted craft materials.
- Stapler & tape for fastening pages together

#### The Brownie Friends Passport

##### Steps to Complete Activity

Explain to the girls: A passport is a little booklet, much like a big ticket, that lets you go places around the world. Each time you go to a new place, you get your passport stamped with the name of the place you visited. So, with those stamps in it, your passport tells the story of your travels. Your Brownie Friends Passport is going to tell the story of this Girl Scout Journey we are taking together! Pass out the passport paper and invite the girls to use their imaginations to create a Brownie Friends Passport. Point the girls to Pages 38-40 of the *Girls* book which includes Passport pages that give the Brownies a place to track all they do to earn their awards— these pages can help jump start their creativity. The Passport doesn't need to look like a passport at all. They can make a booklet (like a real passport) or create panels for each stop along the way and join them together as the journey progresses—whatever they choose. If they choose to make panels, they might be titled and numbered, like chapters in a storybook or panels in a comic strip. Have the girls take turns being the "Passport Keeper" between sessions. If time permits, direct the girls to fill in "My Passport" on page 5 of the *Girls' Book*.

Notes:

Large rolls of paper can be found at teacher stores or at craft shops.

Make sure you take the time to look over both the adult guides and the girls books before the meeting.

Look to pages 38-40 of the *Girls' Book*.

# Brownie Meeting 5

Notes:

## **Activity 3 Exploring the Journey cont...**

Following this session, the Teams will rotate through six 15-minute sessions: Travel Case; Games Around the Globe; Our Map of Girls; Me and My Girl Worlds; Hear a Story, Find a Clue; and Circle 'Round the Story.

## **Activity 4—Games:**

### **Group Hula Hoop**

The Group Hula Hoop game is played with several small groups. The scouts should form groups of four girls each. Each group needs a hula hoop. Each girl holds the hula hoop with the first two fingers of each hand. The object is to set the hula hoop on the ground without anyone's fingers leaving the hoop. This game is great for team building and problem solving.

### **Do As I Say**

This game illustrates the need to match your actions to your words. The scouts all stand in a line at one side of the room. The leader stands in front of them. The leader calls out an action, but does something else. For example, she may say, "Hop on one foot," while she does jumping jacks. The girls try to follow the spoken direction and not the leader's action.

### **Closing**

End by asking girls to complete this sentence... "Today I feel....."  
Sing Taps and do the Friendship Squeeze.

### **Looking ahead to next meeting**

Look through the Journey for the activities that directly relate to the awards. You'll be working with the girls to plan these activities as well as any others that look appropriate. Remember to include the badge, service and other things that girls want to do.

# Brownie Meetings, continuing on

## Notes:

Continue to plan meetings with the same schedule: Set-up, Opening, Business, Activities, optional Snack, Closing and Kapers. This continuity, along with the expectations of the troop agreement, Kaper Charts, and family involvement, will make for a happier experience. Stick to the schedule, but be flexible when great things happen, a rainbow outside your meeting space, an ant parade to explore, a great conversation about feelings. All are important!

Include the girls in planning, what do they like to do? As you get to know the group dynamics, it will get easier to “switch up” activities that stay in the theme of the topic, but tailor it to the girls. Do they love to pretend? Why not make puppets to tell and retell the Journey story? Encourage girls to have group discussions, but maybe give a prop to help them along. You can start them off by giving them a topic, for instance, “Tell us about your picture of you in the garden”. Give them opportunities to decide and plan. While they may start up slowly or think too big at first, you’re there to guide them along.

Make things hands on, get busy doing things rather than just talking. Seek and create opportunities for the girls to work together. It could be as simple as three girls setting the table for snack together!

When it comes to the Journey, remember that the goal is for the girls to learn enough about the main topic to decide on a Take Action Project. The *process* of a Take Action Project, identifying an issue, coming up with ideas, narrowing it down to one, planning and implementing, is what is most important, not what the project looks like at the end. While you’ll want to complete the activities that directly support the awards, you don’t need to do them in order, go by the sample sessions, or do everything in the book. You can stay on the topic, and change-up an activity! Use your resources wisely, and enhance the girls experience.

Having some issues in the troop? Take a look in the Adult Guide. On the page titled National Leadership Outcomes, you’ll find activities linked to different outcomes. Do any of the activities support challenges you may have? If so read the directions and side bars in the Adult Guide for tips, phrases and ideas.